



PHYSIO  
MOTION  
- CAIRNS -

**PHYSIOTHERAPY**

**PROSPECTUS**

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# Physiotherapist Role

## About the Role

- Full Time Position.
- Varied Musculoskeletal case load.
- Potential for Neurological and Paediatric case load if area of interest. Training can be provided for those with limited experience.
- Option for home visits as required for Neuro clients.
- Rotating Hydrotherapy class roster.
- Monday to Friday hours.
- Rostered Day Off (RDO) on a Monday every 3 weeks.

## Features and Benefits

- Incredibly busy clinic, minimal downtime in building a case load.
- Growing Clinic with opportunity for development of new services in area of interest.
- Fortnightly clinical staff training sessions. Mix of internal and external educators.
- Quarterly goal setting Team sessions.
- Two Team days per year.
- Industry first formal Clinical Career Pathways.
- \$2,000 individual PD budget.

# Career Pathways

At PhysioMotion Cairns we offer various Career Pathways for our Physiotherapist's. Each pathway is designed to accommodate different career and lifestyle goals.



# Clinic Background

## About The Clinic

We are a growing locally owned Physiotherapy Clinic based in Cairns, Far North Queensland. We are passionate about providing a high level of Physiotherapy care to the Cairns Community.

Our Clinic provides a wide range of services including Musculoskeletal, Neurological and Paediatric Physiotherapy.

Our Clinic Vision is:

To support the Cairns South community and families to be the happiest and healthiest in North Queensland.

## Living in Far North Queensland

Cairns provides limitless opportunities for tropical living. Whether you want a relaxed, laid-back lifestyle or weekend adventures, Cairns has it all.

From the rainforest to the reef, there are beautiful landscapes at your doorstep. You can spend weekends in the Daintree Rainforest, on the Tablelands exploring idyllic towns, lush waterfalls or finding spectacular views on one of our many hikes. Day trips to the reef, mountain bike trails, endless fishing opportunities, beach and bush camping adventures await.

Cairns is home to a wide variety of sporting clubs. We are home to the Northern Pride NRL and Cairns Taipans NBL Teams.



# What We Do

At PhysioMotion Cairns we see a very diverse range of Clients with a wide variety of Conditions. We cover case loads in Musculoskeletal, Neurological and Paediatric Physiotherapy.

## Musculoskeletal

General MSK conditions, including but not limited to cervical spine (pain, headaches etc), back pain, tendon pain, ligament tears, peripheral joint pain, sprains and strains along with acute and chronic pain. We also see conditions related to dizziness/vertigo, nerve pain and TMJ dysfunction.

## Neurological

We work closely with a range of NDIS participants to maintain or improve function for independence. Common neurological conditions we work with are Cerebral Palsy, MND, Huntington's Disease, Parkinson's Disease, Stroke and some rare neurological conditions such as rare chromosomal abnormalities and SCA7.

## Paediatrics

We provide developmental assessments and work with children who have developmental delay to support achieving their milestones. We also provide assessments and management for newborn's with plagiocephaly, torticollis, metatarsus adductus and toe walking.

## Hydrotherapy

We run weekly Hydrotherapy Classes for existing Clients. These classes are good for acute injuries, post-operative rehab or low impact exercises for those who are unable to tolerate higher impact or have chronic pain.

## Post-Operative Rehabilitation

We have fantastic working relationships with local Surgeons to carry out post-operative rehabilitation for clients both pre and post-operatively. We routinely work with Clients after joint replacements, reconstructions and fractures.

## Sport & Activity Specific Rehabilitation

We routinely work with Clients who have injuries affecting their participation in sport, gym and other leisure activities. Our Team develop treatment approaches through collaboration with Clients on their goals for Physiotherapy ensuring we are getting the best results for our clients to return to pre-injury activity.

# Meet The Team



## Shannon Nielsen

### Director

Shannon is a Cairns local with over 10 years of Private Practice experience. Shannon has a special interest in Paediatrics, Neurological Physiotherapy and posterior pelvic/SIJ injury management.



## Jessica Beer

### Senior Physiotherapist

Jess was born and raised in NZ and "crossed the ditch" in 2019 after Uni graduation. She has 5 years of Private Practice experience and has special interest in post-operative rehabilitation, dry needling and sports injury management.



## Amelia Sant

### Physiotherapist

Amelia graduated from James Cook University in 2020. Originally from Mackay but has been enjoying the Cairns lifestyle. Amelia has a keen interest in Paediatrics, Neurological and general Musculoskeletal Physiotherapy.



## Levi Norsworthy

### Physiotherapist

Levi has returned to Cairns after graduating from James Cook University in 2022. Since growing up in the region, he has wanted to give back to the Cairns community. Levi has a keen interest in all Musculoskeletal and Neurological Physiotherapy and enjoys treating neck, back, shoulder and sporting injuries.



## Christine Nielsen

### Administration

Christine is relatively new to the Allied Health Industry. She worked in Aged Care for over 6 years and has extensive knowledge in patient care. Christine is originally from the Burdekin region but has lived in Cairns for 35 years.



## Amy Godden

### Administration

Amy is a Cairns local, born and bred. She has worked in the Allied Health Industry since leaving school and has worked in Physiotherapy Clinic's for the last 12 years. She enjoys spending time with her children when not at work. Amy's favourite holiday destination is Bali.

# How To Apply

Please complete the following:

- DISC Profile:

<https://www.tonyrobbins.com/disc/>

- Tendency Quiz:

[https://quiz.gretchenrubin.com/?](https://quiz.gretchenrubin.com/?utm_source=website&utm_medium=popoutmenu)

[utm\\_source=website&utm\\_medium=popoutmenu](https://quiz.gretchenrubin.com/?utm_source=website&utm_medium=popoutmenu)

- Email to Shannon:

[careers@physiomotioncairns.com.au](mailto:careers@physiomotioncairns.com.au)

In your email, please attach the results of your DISC Profile and Tendency Quiz along with your current resume.

Applications received after Friday 27th October 2023 will not be considered.